

ANSWER KEYXII YEAR HIGHER SECONDARY EXAMINATION March 20.24

PART-I/II/III

SUBJECT: PSYCHOLOGYCODE NO: **SY 533**

VERSION:.....

60... SCORES... 2... HOURS

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
1.		a, Centrality.	1	1
2		d Crowd	1	1
3.		c. Cognitive Competence	1	1
4.		a. Body Build and Temperament	1	1
5.		b. Eustress	1	1
6.		c. Anxiety	1	1
7.		b. Burn Out	1	1
8.		a. Therapeutic Alliance	1	1
9.		c. Carl Rogers.	1	1
10.		→ Concept introduced by Salovey & Mayer → The ability to monitor one's own and others emotions. → To use the information to guide one's thinking and action → It is also called EQ → It is helpful to overcome difficulties in life (any two points)	2	2

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
11.		Repression Regression Denial Projection Reaction formation Rationalisation (any two of the above)	2	2
12.		- Frustration - Conflict - Internal pressure - Social pressure (Any two of the above)	2	2
13.		Inattention Hyperactivity - Impulsivity	1 1	2
14.		Obsessions:- It is the inability to stop thinking about a particular idea or topic OR → Unpleasant and Shameful thought (Ex:-) Compulsions:- The need to perform certain behaviours over and over again OR → counting, ordering, checking, washing etc	1 1	2

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
15		→ Informed Consent → Confidentiality → Alleviating personal distress → Integrity of the practitioner → Respect for human rights and dignity → Professional Competence (Any two)	1 1	2
16.		Roles Norms Status Cohesiveness (Any two)	 1	2
17.		Verbal Test :- require Subject to give verbal response → can be administered only to literate Performance :- Require Subject to manipulate objects and other materials to perform a task	} 1½ } 1½	3
18.		Trait : Stable, persistent and specific way of behaving Source Trait } Surface Trait } Explanation	1 1	3

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
19		Alarm reaction stage Resistance stage Exhaustion stage (Explanation of above points)	1 1 1	3.
20		Affect or feeling Behavioural or Action Cognitive or Thinking	1 1 1	3.
21		Primary Groups. → Pre-existing formations which are given to the individual Ex: family, caste, Religion Secondary Group. → Those which individuals join by chance choice Ex: Membership of political party	1 1/2 1 1/2	3

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
22		Coping is a dynamic situation specific reaction to stress <u>Endler and Parker</u> → Task - Oriented Strategy → Emotion - Oriented Strategy → Avoidance - Oriented Strategy OK <u>Lazarus & Folkman</u> → Problem focussed - Emotion focussed (Explain)	1 1 1 1 1/2 1 1/2	✓ 3 4 3
23.		Generalised Anxiety Disorder Panic disorder Phobias Separation Anxiety Disorder (Brief Explanations)	1 1 1 1	4
24.		→ Security → Status → Self esteem → Satisfaction of one's psychological and Social Needs → goal achievement. → Provide knowledge and information (Any four explain)	1 1 1 1 1	4

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
25		Negative Reinforcement Aversive Conditioning Positive Reinforcement Token Economy Systematic Desensitisation Modelling (Explain any four)	1 1 1 1	4
26.		Family and School environment Reference Group Personal Experience Media-related Influence (Explain)	1 1 1 1	4
27.		Introduction → Linguistic — Logical — Spatial — Musical → Bodily-kinesthetic — Interpersonal — Intrapersonal — Naturalistic	1 5	6

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
28		Introduction Stages Oral Stage Anal Stage Phallic Stage Latency Stage Genital Stage (Explain stages)	1 5	6
29		Relaxation Techniques Meditation Biofeedback Creative Visualisation Cognitive Behavioural Techniques Exercise (Explain) <i>Memorise</i> ARCHANA ROSE M.L HSSST PSYCHOLOGY ST. JOSEPH'S & ST. CYRIL'S HSS WEST MANICAD (08116) MANJULAKSHMI. P S (447461) HSSST PSYCHOLOGY GHSS KATTILAPUOVAM (8033 Thiruvananthapuram.	1 1 1 1 1 1	6